UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 14, 2023 (August 11, 2023)



Brighthouse Financial, Inc.

(Exact name of registrant as specified in its charter)

001-37905

81-3846992

Emerging growth company

Delaware

of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

(State or other jurisdiction of incorporation) (C	ommission File Number)	(IRS Employer Identification No.)
11225 North Community House Road, Charl	te, North Carolina	28277
(Address of principal executive offi	ces)	(Zip Code)
Registrant's telephone num	nber, including area code: (980)	365-7100
	Not Applicable er address, if changed since last	report)
Check the appropriate box below if the Form 8-K filing is intended to simultan	eously satisfy the filing obligati	on of the registrant under any of the following provisions:
☐ Written communications pursuant to Rule 425 under the Securities Act (17	CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CF	R 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the E	Exchange Act (17 CFR 240.14d-	2(b))
☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the E	xchange Act (17 CFR 240.13e-	4(c))
Securities registered pursuant to Section 12(b) of the Act:		
<u>Title of each class</u>	Trading symbol(s)	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	BHF	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 6.600% Non-Cumulative Preferred Stock, Series A	ВНГАР	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 6.750% Non-Cumulative Preferred Stock, Series B	BHFAO	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 5.375% Non-Cumulative Preferred Stock, Series C	BHFAN	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of	BHFAM	The Nasdaq Stock Market LLC
4.625% Non-Cumulative Preferred Stock, Series D		

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On August 11, 2023, Irene Chang Britt resigned as a member of the Board of Directors (the "Board") of Brighthouse Financial, Inc. (the "Company"), effective that day. Ms. Britt's resignation was not due to any disagreement with the Company. The Board has reduced the number of directors which constitutes the Board to eight, effective as of August 14, 2023.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BRIGHTHOUSE FINANCIAL, INC.

By: /s/ Jacob M. Jenkelowitz

Name: Jacob M. Jenkelowitz Title: Corporate Secretary

Date: August 14, 2023