FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Huss Vonda (Last) (First) (Middle) 11225 N COMMUNITY HOUSE RD					3. D	2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF] 3. Date of Earliest Transaction (Month/Day/Year) 03/01/2023								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) EVP & Chief HR Officer					
(Street) CHARL	CHARLOTTE NC 28277					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Trans Date				action	action 2A. D Exec Day/Year) if any		A. Deemed		Dis	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amou Securitie Benefici: Owned F	nt of es ally following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock 03					/2023		M		5,869(1) A	(2)	24	24,554		D				
Common Stock 03/0					1/2023	/2023		F		2,676	D	\$58.	35 21,	21,878		D			
Common Stock 03/0					/2023				A		8,843(3) A	\$58	35 30,	,721		D		
Common Stock 03/01/					1/2023	2023			F		3,909	D	\$58	35 26	26,812		D		
											osed of,			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	d 4. Date, Transa		tion	5. Number of Derivative		6. Date Exercis Expiration Date (Month/Day/Yea		sable and te 7. Title and Amount of		d f Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(Code	v			Date Exercisable		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(S)			
Restricted Stock Units	(2)	03/01/2023			М			1,739	(4)		(4)	Common Stock	1,739	\$0	0		D		
Restricted Stock Units	(2)	03/01/2023						2,132	(5)		(5)	Common Stock	2,132	\$0	2,133		D		
Restricted Stock Units	(2)	03/01/2023						1,998	(6)		(6)	(6) Common Stock 1		\$0	3,994		D		
Restricted Stock Units	(2)	03/01/2023			A		5,638		(7)		(7)	Common Stock	5,638	\$0	5,638		D		

Explanation of Responses:

- 1. Payout of shares upon the vesting of tranches of Restricted Stock Units ("RSUs") granted in March 2020, March 2021 and March 2022.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Shares acquired from the payout of the 2020 Performance Share Unit award. The number of shares issued was based on the achievement of performance goals over the 2020-2022 performance period.
- 4. Represents the vesting of the final tranche of the 2020 RSU award.
- 5. Represents the vesting of the second of three transhes of the 2021 RSU award. The final transhe will vest on the first business day in March 2024.
- 6. Represents the vesting of the first of three tranches of the 2022 RSU award. The remaining tranches will vest in substantially equal installments on the first business day in March 2024 and 2025.
- 7. RSUs awarded in 2023 will vest in three substantially equal installments on the first business day in March 2024, 2025 and 2026.

Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of 03/03/2023 Vonda R. Huss

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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