FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* BANCROFT PHILIP V						2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]									ck all applic	tionship of Reporting Persor all applicable)				
					3. D	Date of Earliest Transaction (Month/Day/Year)												10% Ow Other (s	-	
(Last) (First) (Middle)						06/08/2023									below)	r (give title)		below)	pecity	
11225 NORTH COMMUNITY HOUSE ROAD					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)					`									X	Form fil	ed by One	Repo	rting Persor	1	
CHARLOTTE NC 28277														Form filed by More than One Reporting Person						
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tal	ble I - Nor	ı-Deriv	/ ative	e Se	curitie	s Acq	uired, I	Disp	osed of	, or Be	nefi	icially	Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/Date)						Day/Year) Execu		A. Deemed xecution Date, any /lonth/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities A Disposed Of (E 5)					5. Amour Securitie Beneficia Owned F	s Illy ollowing	Form (D) or	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	unt (A) or (D)		Price	Reported Transacti (Instr. 3 a	ion(s)			(Instr. 4)	
Common Stock 06/08				3/2023			М		966 A		\$0 ⁽¹⁾	966			D					
			Table II - I								sed of, onvertib				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date (Month/Day/Year) Price of Derivative			ransaction code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/E	on Da		e Amount of			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	or No	umber		(Instr. 4)	лі(э)			
Restricted Stock Units	(1)	06/08/2023			M			966 ⁽²⁾	(3)		(3)	Commo	n	966	\$0	0		D		
Restricted Stock Units	(1)	06/08/2023			A		3,703 ⁽²⁾		(4)		(4)	Commo	n 3	3,703	\$0	3,703		D		

Explanation of Responses:

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- $2.\ Award\ for\ service\ as\ a\ Board\ member\ pursuant\ to\ the\ Brighthouse\ Financial,\ Inc.\ 2017\ Non-Management\ Director\ Stock\ Compensation\ Plan.$
- 3. The RSUs vested on the date of the 2023 annual meeting of stockholders of BHF.
- 4. The RSUs will vest on the earlier of the first anniversary of the grant date or the date of the 2024 annual meeting of stockholders of BHF.

Remarks:

/s/Jacob M. Jenkelowitz,

Attorney-in-Fact, on behalf of 06/12/2023

Philip V. Bancroft

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.