
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**
Washington, D.C. 20549

SCHEDULE 14A
**Proxy Statement Pursuant to Section 14(a) of the
Securities Exchange Act of 1934**
(Amendment No.)

Filed by the Registrant

Filed by a Party other than the Registrant

Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))**
- Definitive Proxy Statement
- Definitive Additional Materials
- Soliciting Material under §240.14a-12



Brighthouse Financial, Inc.
(Name of Registrant as Specified In Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check all boxes that apply):

- No fee required.
- Fee paid previously with preliminary materials
- Fee computed on table in exhibit required by Item 25(b) per Exchange Act Rules 14a-6(i)(1) and 0-11
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BRIGHOUSE FINANCIAL, INC.
11225 N COMMUNITY HOUSE RD
CHARLOTTE, NC 28277
ANNUAL MEETING INFORMATION

V91631-P48695-Z92339

Your **Vote** Counts

BRIGHOUSE FINANCIAL, INC.

2026 Annual Meeting of Stockholders

June 2, 2026 8:00 AM, Eastern Time

For stockholders as of April 6, 2026

The meeting will be held solely by means of remote communication via the Internet (a "virtual meeting") at www.virtualshareholdermeeting.com/BHF2026



Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting of Stockholders to be Held on June 2, 2026 at 8:00 AM, Eastern Time

You are receiving this communication because you hold shares in Brighthouse Financial, Inc. and have the right to vote on proposals being presented at the Annual Meeting.

This communication is not a votable ballot and is only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the information contained in the proxy materials before voting. View the Notice of Annual Meeting, Proxy Statement and Annual Report online OR receive a free paper or email copy of the material(s) by requesting them prior to May 19, 2026. If you would like to request a copy of the material(s) for this and/or future stockholder meetings, you may (1) visit www.ProxyVote.com, (2) call 1-800-579-1639 or (3) send an email to sendmaterial@proxyvote.com. If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit www.ProxyVote.com

Control #

Smartphone users

Point your camera here and vote without entering a control number



Vote Virtually at the Annual Meeting*

To attend the virtual Annual Meeting and cast your vote live, visit our Annual Meeting website at www.virtualshareholdermeeting.com/BHF2026. Have your 16-digit control number available and then follow the instructions. There will be no physical location at which stockholders may attend the meeting.

Vote by Internet or Mail:

You may vote your shares until 11:59 p.m., Eastern Time on Monday, June 1, 2026, by **Internet** at www.ProxyVote.com or by **Mail** by completing and returning the proxy card included with the printed materials (if requested using the instructions above) to Brighthouse Financial, Inc., c/o Broadridge Financial Solutions, Inc. prior to the Annual Meeting.

*Please check the meeting materials for any special requirements for meeting attendance.

Vote at www.ProxyVote.com

THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming Annual Meeting of Stockholders. Please follow the instructions on the reverse side to vote your shares.

| Voting Items | Board Recommendations |
|---|-----------------------|
| 1. Election of nine (9) Directors each to serve a one-year term ending at the 2027 Annual Meeting of Stockholders Nominees: | |
| 1a. C. Edward ("Chuck") Chaplin | ✔ For |
| 1b. Stephen C. Hooley | ✔ For |
| 1c. Michael J. Inerra | ✔ For |
| 1d. Carol D. Juel | ✔ For |
| 1e. Eileen A. Mallesch | ✔ For |
| 1f. Diane E. Offereins | ✔ For |
| 1g. Eric T. Steigerwalt | ✔ For |
| 1h. Paul M. Wetzel | ✔ For |
| 1i. Lizabeth H. Zlatkus | ✔ For |
| 2. Ratification of the appointment of Deloitte & Touche LLP as Brighthouse Financial's independent registered public accounting firm for fiscal year 2026 | ✔ For |
| 3. Advisory vote to approve the compensation paid to Brighthouse Financial's Named Executive Officers | ✔ For |

Prefer to receive an email instead? While voting on www.ProxyVote.com, be sure to click "Delivery Settings".