FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
wasinington,	D.C.	20049

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Steigerwalt Eric T					2. <u>B</u>	2. Issuer Name and Ticker or Trading Symbol  Brighthouse Financial, Inc. [ BHF ]  5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner												
(Last) 11225 N	,	First)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/01/2024								Officer ( below)	Officer (give title			pecify
(Street)	OTTE N	IC .	28277			4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	ndividual or Joint/Group Filing (Check Applicable e)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(5	State)	(Zip)			Che the	eck this box affirmative	x to indica defense	ate that a condition	transa	ion Indicaction was marule 10b5-1(c).	de pursuant See Instruc	tion 10.		or written pla	an that	is intended t	o satisfy
1. Title of Security (Instr. 3)			2. Trar Date	nsaction h/Day/Y	n 2A. Deemed Execution Date,		3. 4. Securities Acquired (A) or Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 4 and Code (Instr. 8)		(A) or	5. Amount of Securities Beneficially Owned Following		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	ommon Stock		03/0	01/202	24			М		34,649(1	) A	(2)	425	414		D		
Common	Stock			03/0	01/202	24			F		15,230 <sup>(3)</sup> D		\$46.16	410	410,184		D	
Common	Stock			03/0	01/202	24			F		39,112(4	) D	D \$46.16		371,072		D	
			Table II -							•	osed of, convertib		-	Owned				
Derivative Conversion Date Executity or Exercise (Month/Day/Year) if a		3A. Deemed Execution I if any (Month/Day	Date, Transaction Code (Instr.					6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares	ount (		onia		
Restricted Stock Units	(2)	03/01/2024			M			11,882	(5)	)	(5)	Common Stock	11,882	\$0	0		D	
Restricted Stock Units	(2)	03/01/2024			М			12,484	(6)	)	(6)	Common Stock	12,484	\$0	12,484	4	D	
Restricted Stock Units	(2)	03/01/2024			М			10,283	(7)	)	(7)	Common Stock	10,283	\$0	20,56	5	D	
Restricted Stock	(2)	03/01/2024			A		42,650		(8)	)	(8)	Common	42,650	\$0	42,650	0	D	

## Explanation of Responses:

- 1. Payout of shares upon vesting of tranches of Restricted Stock Units ("RSUs") granted in March 2021, March 2022 and March 2023.
- 2. Each Restricted Stock Unit represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Shares withheld to cover tax obligations in connection with the vesting of RSUs.
- 4. Shares withheld to cover tax obligations in connection with the payout under the 2021 Performance Share Unit award.
- 5. Represents the vesting of the final tranche of the 2021 RSU award.
- 6. Represents the vesting of the second of three tranches of the 2022 RSU award. The final tranche will vest on the first business day in March 2025.
- 7. Represents the vesting of the first of three tranches of the 2023 RSU award. The remaining tranches will vest in substantially equal installments on the first business day in March 2025 and 2026.
- 8. RSUs awarded in 2024 will vest in three substantially equal installments on the first business day in March 2025, 2026 and 2027.

## Remarks:

/s/ Jacob M. Jenkelowitz, 03/05/2024 Attorney-in-Fact, on behalf of Eric T. Steigerwalt

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.