FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [ BHF ]							Relationship of Reporting Person(s) to Issuer (Check all applicable)				
<u>Steigerwalt</u>	t Eric I	<u>_</u>			<del>=</del>		<del></del> ,	1110.	. [ 2111 ]		X	Director	10% (	Owner		
(Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021							Officer (give title below)  Other (specify below)  President and CEO				
11225 NOR1.	н сом	MUNITY HOU	USE KUAL	)								11001001				
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)				
CHARLOTTE NC 28277												Form filed by One Reporting Person				
(City)	(Sta	ite)	(Zip)									Form filed by More than One Reporting Person				
		Та	ble I - No	n-Deriv	ative S	Securities Acq	uired	, Dis	posed of, o	or Bene	eficially (	Owned				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities A Disposed Of (			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stoc	k			03/01/	2021		M		34,577(1)	A	(2)	170,393	D			
Common Stoc	k			03/01/	2021		F		12,311	D	\$41.26	158,082	D			
Common Stoc	k			03/01/	2021		A		36,468(3)	A	\$41.26	194,550	D			
Common Stock 03/0					2021		F		15,807	D	\$41.26	178,743	D			
			Table II -			curities Acqu Ils, warrants,						wned				
1. Title of 2.	. 3	3. Transaction	3A. Deemed	4.		5. Number of	6. Date	Exerc	isable and 7	. Title and	Amount 8	8. Price of 9. Number	er of 10.	11. Nature		

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		ransaction Derivative ode (Instr. Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Restricted Stock Units	(2)	03/01/2021		M			9,351	(4)	(4)	Common Stock	9,351	\$0.00	0	D	
Restricted Stock Units	(2)	03/01/2021		M			11,547	(5)	(5)	Common Stock	11,547	\$0.00	11,547	D	
Restricted Stock Units	(2)	03/01/2021		М			13,679	(6)	(4)	Common Stock	13,679	\$0.00	27,357	D	
Restricted Stock Units	(2)	03/01/2021		A		35,645		(7)	(7)	Common Stock	35,645	\$0.00	35,645	D	

## **Explanation of Responses:**

- 1. Payout of shares upon vesting of tranches of Restricted Stock Units ("RSUs") granted in March 2018, March 2019 and March 2020.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Shares acquired from the payout of the 2018 Performance Share Unit award. The number of shares issued was based on the achievement of performance goals over the 2018-2020 performance period.
- 4. Represents vesting of the final tranche of the 2018 RSU award.
- 5. Represents vesting of the second of three tranches of the 2019 RSU award. The final tranche will vest on the first business day in March 2022.
- 6. Represents vesting of the first of three tranches of the 2020 RSU award. The remaining tranches will vest in substantially equal installments on the first business day in March 2022 and 2023.
- 7. RSUs awarded in 2021 vest in three substantially equal installments on the first business day in March 2022, 2023 and 2024.

## Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of

03/03/2021

Eric T. Steigerwalt

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.