FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
---------------	-----------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-02										
Estimated average burden										
hours per response	: 0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

	tion 1(b).	nuc. Sec		Filed	pursu or S	ant to S ection 3	ection 80(h) o	16(a) f the l) of the Investm	Secur	ities Exchang ompany Act o	e Act o f 1940	f 1934			nours	per re	esponse:	0.5
Name and Address of Reporting Person* Shouvlin Patrick J.				2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]										tionship all app Direc	licable)	ng Pe	erson(s) to Is		
(Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD				3. Date of Earliest Transaction (Month/Day/Year) 03/12/2020										Office below	er (give title w)		Other (specify below)		
(Street) CHARLOTTE NC 28277 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indivine)	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
ı		Table	I - N	on-Deriva	tive	Secui	rities	Acc	quire	d, Di	sposed of	, or B	enefic	ially	Own	ed			
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)					l and 5) S B		5. Amount of Securities Beneficially Owned Following Reported		m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	unt (A) or Pric			Transa	action(s) 3 and 4)			(Instr. 4)
Common Stock 03/1				03/12/20	020			P		3,900	A	\$20.	14	8,594			D		
Common Stock 03/12				03/12/20	020		P		1,100	A	\$20.1	.1399		9,694		D			
		Tal	ole II								osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ersion Date Execution Date, of (Month/Day/Year) Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) 8			action (Instr.	5. Nu of Deriv Secu Acqu (A) oi Dispo of (D) (Instr and 5	rities ired r osed) : 3, 4	Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amount or Number of		nt		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

Remarks:

/s/ Bruce H. Schindler, Attorney-in-Fact, on behalf of 03/13/2020 Patrick J. Shouvlin

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.