FORM 3

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0104

Estimated average burden hours per response: 0.5

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Huss Vonda	2. Date of Requiring (Month/Da	Statement y/Year)	3. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [ BHF ]						
(Last) (First) (Middle) 11225 NORTH COMMUNITY			Relationship of Reporting Pers Issuer (Check all applicable)		erson(s) to		5. If Amendment, Date of Original Filed (Month/Day/Year)		
HOUSE ROAD	_		Director  X Officer (give title below)		(specify	(Ch	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting		
(Street) CHARLOTTE NC 28277	_		EVP, Chief HR	l Officer			Person Form filed by More than One Reporting Person		
(City) (State) (Zip)									
Table I - Non-Derivative Securities Beneficially Owned									
1. Title of Security (Instr. 4)			2. Amount of Securities Beneficially Owned (Instr. 4)				4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock			7,922	Г	D				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Se Underlying Derivative Se (Instr. 4)		city Convers		ise Form:	6. Nature of Indirect Beneficial Ownership (Instr.	
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security		Direct (D) or Indirect (I) (Instr. 5)	5)	
Restricted Stock Units	(1)	(1)	Common Stock	5,217	(2)		D		
Restricted Stock Units	(3)	(3)	Common Stock	2,762	(2)		D		
Restricted Stock Units	(4)	(4)	Common Stock	662	(2)		D		
Employee Stock Option (Right to Buy)	(5)	02/28/2028	Common Stock	6,526	53.4	47	D		

### **Explanation of Responses:**

- 1. Restricted Stock Units ("RSUs") awarded in 2020, which vest in three substantially equal installments on the first business day in March 2021, 2022 and 2023.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Represents unvested portion of RSUs awarded in 2019, which will vest in two substantially equal installments on the first business day in March 2021 and 2022.
- 4. Represents unvested portion of RSUs awarded in 2018, which will vest on the first business day in March 2021.
- 5. These options became and will become exercisable in three substantially equal installments on March 1, 2019, March 1, 2020 and March 1, 2021. The reported number of underlying shares represents outstanding unexercised options.

#### Remarks:

/s/ Jacob M. Jenkelowitz Attorney-in-Fact, on behalf of Vonda Huss

02/04/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

### LIMITED POWER OF ATTORNEY FOR SECTION 16 REPORTING OBLIGATIONS

#### TO WHOM IT MAY CONCERN:

Pursuant to the authorization set forth in the instructions for the filing of Form 3, Form 4 and Form 5, respectively (hereinafter referred to as the "Reports"), under the requirements of the Securities Exchange Act of 1934, as amended, the undersigned hereby designates and authorizes each of BRUCE H. SCHINDLER, D. BURT ARRINGTON and JACOB M. JENKELOWITZ to execute and file, or cause to be filed, such Reports, and any amendments thereto, on behalf of the undersigned, with the Securities and Exchange Commission and any other proper bodies at any time when the filing of said Reports is in order, containing such information as BRUCE H. SCHINDLER, D. BURT ARRINGTON and JACOB M. JENKELOWITZ may deem advisable.

The authority of BRUCE H. SCHINDLER, D. BURT ARRINGTON and JACOB M. JENKELOWITZ under this authorization shall continue until the undersigned is no longer required to file Reports with regard to the undersigned's ownership of or transactions in securities of Brighthouse Financial, Inc., unless earlier revoked by the undersigned in writing.

The undersigned acknowledges that BRUCE H. SCHINDLER, D. BURT ARRINGTON and JACOB M. JENKELOWITZ are not assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

/s/Vonda Huss January 24, 2021