### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington,	D.C.	20549
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Rosenthal John					2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [ BHF ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last)	t) (First) (Middle) MADISON AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021								helow)	Officer (give title below)  EVP & Chief Investment Officer			·	
(Street) MORRISTOWN NJ 07960				4.										6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	State)	(Zip)											Person					
		Та	ble I - No	n-Der	ivativ	/e S	ecuritie	s Acc	uired,	, Dis	posed of	f, or Ben	eficial	y Owned					
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Ye		Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			and 5) Securities Beneficially Owned Follo		Form	Direct Indirect Istr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	ion(s)			(Instr. 4)		
Common	Common Stock			03/0	)1/202	21			М		11,164 <sup>(1</sup>	1) A	(2)	64,	64,050		D		
Common Stock			03/0	03/01/2021				F		4,099	D	\$41.2	59,	59,951		D			
Common	Common Stock		03/01/2021		21			A		8,914(3)	) A	\$41.2	68,	68,865		D			
Common	Stock			03/0	)1/202	21			F		3,223	D	\$41.2	\$41.26 65,642 D		D			
			Table II -								osed of,			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	4. Pate, Transa		ction	5. Number of Derivative		6. Date Exerc Expiration Da (Month/Day/Y		isable and 7. Title and Amote of Securities		d Amount ies g Security	Derivative Security		e Own s For ally Dire or li g (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code		(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	ion(s)			
Restricted Stock Units	(2)	03/01/2021			M			2,286	(4)		(4)	Common Stock	2,286	\$0.00	0		D		
Restricted Stock Units	(2)	03/01/2021			M			3,763	(5)		(5)	Common Stock	3,763	\$0.00	3,763	3	D		
Restricted Stock Units	(2)	03/01/2021			M			5,115	(6)		(6)	Common Stock	5,115	\$0.00	10,23	0	D		
Restricted Stock Units	(2)	03/01/2021			A		13,330		(7)		(7)	Common Stock	13,330	\$0.00	13,33	0	D		

## **Explanation of Responses:**

- 1. Payout of shares upon vesting of tranches of Restricted Stock Units ("RSUs") granted in March 2018, March 2019 and March 2020.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Shares acquired from the payout of the 2018 Performance Share Unit award. The number of shares issued was based on the achievement of performance goals over the 2018-2020 performance period.
- 4. Represents vesting of the final tranche of the 2018 RSU award.
- 5. Represents vesting of the second of three tranches of the 2019 RSU award. The final tranche will vest on the first business day in March 2022.
- 6. Represents vesting of the first of three tranches of the 2020 RSU award. The remaining tranches will vest in substantially equal installments on the first business day in March 2022 and 2023.
- 7. RSUs awarded in 2021 yest in three substantially equal installments on the first business day in March 2022, 2023 and 2024.

#### Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of 03/03/2021

John L. Rosenthal

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.