FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	OVAL
OMB Number:	3235-0287
Estimated average burd	en
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Murphy Conor						2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]								eck all applio	,		son(s) to Issuer 10% Owner Other (specify		
(Last) 11225 N	,	First)	(Middle) USE ROAI)		3. Date of Earliest Transaction (Month/Day/Year) 03/01/2019								helow)		give title Other (sp below) COO and Interim CFO		респу	
(Street) CHARLOTTE NC 28277					4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5	State)	(Zip) ble I - Noi	n-Deriv	vativ	re Se	curitie	s Aca	wired.	Dis	nosed of	f. or Be	neficial	v Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						action 2A. Deemed Execution Date,			3. Transa Code (ction	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amou Securitie Benefici Owned I	es ally Following	Form (D) o	: Direct I r Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	unt (A) or Pri		Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
Common Stock 03/01/							2019		M		1,605 A		(1)	18	18,567		D		
Common Stock 03/01/					1/201	2019		F		665 D \$		\$38.9	7 17	17,902		D			
			Table II -								osed of, onvertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	ransac Code (I		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Da (Month/Day/Ye		te	of Securi Underlyii	ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)	
					Code	v	(A)	(A) (D)		able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)				
Restricted Stock Units	(1)	03/01/2019			М			1,605	(2)		(2)	Common Stock	1,605	\$0.00	3,210		D		
Restricted Stock Units	(1)	03/01/2019			A		11,701		(3)		(3)	Common Stock	11,701	\$0.00	11,70)1	D		

Explanation of Responses:

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- $2. The RSUs \ vest \ in \ three \ substantially \ equal \ installments \ on \ the \ first \ business \ day \ in \ March \ 2019, \ 2020 \ and \ 2021.$
- $3. \ The \ RSUs \ vest \ in \ three \ substantially \ equal \ installments \ on \ the \ first \ business \ day \ in \ March \ 2020, \ 2021 \ and \ 2022.$

Remarks:

<u>Conor Murphy, by Jacob M.</u> <u>Jenkelowitz, Attorney-in-Fact</u>

03/05/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.