FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL										
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l	hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* DeBiase Christine M.							2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title Other (specify					
(Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD						3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021								X Officer (give title Other (specify below) below) EVP, Chief Admin Officer & GC						
(Street) CHARLOTTE NC 28277					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City) (State) (Zip)													Person							
		Ta	ble I - No	n-Deriv	ativ	re Se	ecuritie	s Acq	uired,	Dis	posed of	, or Ben	eficiall	y Owned						
Date					saction /Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			Beneficia Owned F	s Illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock 03/01							/2021		M		9,589(1)	589 ⁽¹⁾ A		40,	40,661		D			
Common Stock 03/01/						/2021		F		2,904 D		\$41.2	5 37,	37,757		D				
Common Stock 03/01/						/2021		A		8,154(3)) A	\$41.2	6 45,	45,911		D				
Common Stock 03/01/2						2021		F		2,422	D	\$41.20	6 43,	43,489		D				
			Table II -					•		•	osed of, onvertib		-	Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	I 4. Date, T	ransa	ction	5. Number of Derivative		6. Date Exercis Expiration Dat (Month/Day/Ye		sable and 7. Title and Am of Securities		d Amount es J Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	is Blly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
			С	ode	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares		Transactio (Instr. 4)	on(s)					
Restricted Stock Units	(2)	03/01/2021		М				2,091	(4)		(4)	Common Stock	2,091	\$0.00	0		D			
Restricted Stock Units	(2)	03/01/2021			M			3,592	(5)		(5)	Common Stock	3,592	\$0.00	3,592		D			
Restricted Stock Units	(2)	03/01/2021			M			3,906	(6)		(6)	Common Stock	3,906	\$0.00	7,812		D			
Restricted Stock Units	(2)	03/01/2021			A		10,179		(7)		(7)	Common Stock	10,179	\$0.00	10,179	9	D			

Explanation of Responses:

- 1. Payout of shares upon vesting of tranches of Restricted Stock Units ("RSUs") granted in March 2018, March 2019 and March 2020.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Shares acquired from the payout of the 2018 Performance Share Unit award. The number of shares issued was based on the achievement of performance goals over the 2018-2020 performance period.
- 4. Represents vesting of the final tranche of the 2018 RSU award.
- 5. Represents vesting of the second of three tranches of the 2019 RSU award. The final tranche will vest on the first business day in March 2022.
- 6. Represents vesting of the first of three tranches of the 2020 RSU award. The remaining tranches will vest in substantially equal installments on the first business day in March 2022 and 2023.
- 7. RSUs awarded in 2021 will vest in three substantially equal installments on the first business day in March 2022, 2023 and 2024.

Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of 03/03/2021 Christine M. DeBiase

** Signature of Reporting Person Date

 $\label{lem:Reminder:Report on a separate line for each class of securities beneficially owned directly or indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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