SEC For	m 4																	
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549															
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					ENT OF CHANGES IN BENEFICIAL OWNERSHIP ed pursuant to Section 16(a) of the Securities Exchange Act of 1934									OMB Number: 3235-0287 Estimated average burden hours per response: 0.5				
1. Name and Address of Reporting Person* Wetzel Paul M.					or Section 30(h) of the investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]								5. Relationship of Repor (Check all applicable) X Director			oorting Person(s) to Issuer 10% Own		
(Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD					3. Date of Earliest Transaction (Month/Day/Year) 06/10/2021								Officer (give title Other (specify below) below)					
(Street) CHARLOTTE NC 28277					4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	City) (State) (Zip)											Person						
		т	able I - Non	n-Deriva	tive S	ecuritie	es Acqu	uired,	Disp	osed of,	or Bene	ficially	Owned					
Date				2. Transac Date (Month/Da	Execution Date,					s Acquired (A) or of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable a Expiration Date (Month/Day/Year)		ate	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				
Restricted Stock Units	(1)	06/10/2021		М			3,454 ⁽²⁾	(3	3)	(3)	Common Stock	3,454	\$0.00	0		D		
Deferred Restricted Stock Units	(4)	06/10/2021		М		3,454 ⁽²⁾		(3	3)	(3)	Common Stock	3,454	\$0.00	3,45	54	D		

Explanation of Responses:

(1)

1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.

2. Award for service as a Board member pursuant to the Brighthouse Financial, Inc. 2017 Non-Management Director Stock Compensation Plan.

A

3. The RSUs vested on the date of the 2021 annual meeting of stockholders of BHF. The Reporting Person has elected to defer these shares pursuant to the Brighthouse Services, LLC Deferred Compensation Plan for Non-Management Directors (the "Deferred Compensation Plan"). The shares will be paid out (i) in accordance with the Reporting Person's deferral election; or, if earlier, (ii) upon termination of the Reporting Person's service as a Director.

(5)

4. Each deferred RSU represents the deferred right to receive one share of BHF common stock, or a cash payment equal to the value of one share of BHF common stock.

3,615⁽²⁾

5. The RSUs will vest on the earlier of the first anniversary of the grant date or the date of the 2022 annual meeting of stockholders of BHF. Vested shares will be deferred in accordance with the Reporting Person's deferral election pursuant to the Deferred Compensation Plan.

Remarks:

Restricted

Stock

Units

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of Paul M. Wetzel

Common

Stock

(5)

3,615

\$0.00

06/11/2021

3,615

D

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

06/10/2021

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.