FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# OMB APPROVAL

OMB Number:	3235-0287
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#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*							2. Issuer Name <b>and</b> Ticker or Trading Symbol  Brighthouse Financial, Inc. [BHF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Wetzel Paul M.						<u> </u>							X Direct	or		10% Ov	ner			
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 05/23/2019								Officer (give title Other (specify below) below)						
ORTH CO	MMUNITY HO	USE ROA	D																	
		. 4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable									
(Street)														,						
CHARLOTTE NC 28277														, , ,						
													Form filed by More than One Reporting Person							
(5	State)	(Zip)																		
	Tal	hle I - Noi	n_Doriv	,ativ	0 50	curit	tios Acc	nuired	Die	nosed o	f or Rei	oficia	lly Owner							
		DIE I - NOI			_			-	פוט	1			-		I	1.				
					ear)   i	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr.					d Securiti	es ally	Form (D) or	Direct I	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price	Reporte Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 05/23/								M		2,494	A	(1)	4,	694		D				
					$\dashv$			+									Shares			
Common Stock														9			neld by			
Common Stock															_		spouse			
			<u> </u>					<del></del> .				<u> </u>			<u> </u>					
													/ Owned							
2	2 Transaction	_	7		-	_		•					9 Price of	a Numbo	r of	10	11. Nature			
Conversion or Exercise Price of Derivative Security	ion Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Date, T	r, Transaction Code (Instr.		n Derivative		Expiration	n Dat	е	Amount of Securities Underlyin Derivative	f s g Security	Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported	is Silly	Ownership Form: Direct (D) or Indirect	of Indirect Beneficial Ownership (Instr. 4)			
					de V	(A)	(D)		T	Expiration Date	Title		:	(Instr. 4)	ion(s)					
			Cod	Code				Date Exercisa					r							
(1)	05/23/2019		$\neg$	M			2,494 <sup>(2)</sup>	(3)		(3)	Common Stock	2,494	\$0.00	0		D				
	Paul M.  (FORTH COID  OTTE N  (S  Stock  Stock  2.  Conversion or Exercise Price of Derivative Security	Paul M.  (First)  ORTH COMMUNITY HO  OTTE NC  (State)  Ta  Security (Instr. 3)  Stock  Stock  2. Conversion or Exercise Price of Derivative Security  (Month/Day/Year)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  OTTE NC 28277  (State) (Zip)  Table I - Note Security (Instr. 3)  Stock  Table II -  2. Table II -  Conversion Date (Month/Day/Year)  Price of Derivative Security  (Month/Day/Year)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  OTTE NC 28277  (State) (Zip)  Table I - Non-Deriv  Security (Instr. 3)  2. Transaction Date (Month/Day/Year)  Price of Derivative Security  Security (Month/Day/Year)  2. (Month/Day/Year)  3. Transaction Date if any (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  Table I - Non-Derivative (Month/Day/Year)  Stock  Table II - Derivative (e.g., puts, if any (Month/Day/Year)  2. Transaction Date (Month/Day/Year)  OTTE NC 28277  (State) (Zip)  Table II - Derivative (e.g., puts, if any (Month/Day/Year)  2. Conversion Oate (Month/Day/Year)  (Month/Day/Year)  A. Deemed Execution Date, if any (Month/Day/Year)  (Code (8)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  Table I - Non-Derivative Se Security (Instr. 3)  Stock  Table II - Derivative Security (Month/Day/Year)  Table II - Derivative Security (e.g., puts, calls)  A. If Ame  OTTE NC  28277  Table II - Derivative Security (Month/Day/Year)  Stock  Table II - Derivative Security (e.g., puts, calls)  A. Deemed Execution Date, if any (Month/Day/Year)  A. If Ame  OTTE NC  28277  Table II - Derivative Security  Conversion Otate (month/Day/Year)  A. Deemed Execution Date, if any (Month/Day/Year)  Code (Instr. 8)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  Table I - Non-Derivative Security (Instr. 3)  Security (Instr. 3)  Table II - Derivative Securities (e.g., puts, calls, was compared to the price of Derivative Security (Month/Day/Year)  Table II - Derivative Securities (e.g., puts, calls, was compared to the price of Derivative Security (Month/Day/Year)  Table II - Derivative Securities (e.g., puts, calls, was compared to the price of Derivative Security (Month/Day/Year)  Code (Instr. 8)  Code (Instr. 8)  Code (V (A)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  Table I - Non-Derivative Securities Accurity (Instr. 3)  Security (Instr. 3)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acquee.g., puts, calls, warrants, (Month/Day/Year)  Table II - Derivative Securities Acqueet (A) or Disposed of (D) (Instr. 3, 4 and 5)  Code V (A) (D)	Paul M.  (First) (Middle)  ORTH COMMUNITY HOUSE ROAD  Table I - Non-Derivative Securities Acquired, If any (Month/Day/Year)  Security (Instr. 3)  Table II - Derivative Securities Acquired, If any (Month/Day/Year)  Table II - Derivative Securities Acquired, If any (Month/Day/Year)  Table III - Derivative Securities Acquired, If any (Month/Day/Year)  Stock  Table III - Derivative Securities Acquired, If any (Month/Day/Year)  Conversion or Exercise (Month/Day/Year)  Price of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  Code V (A) (D) Date Exercisa	Brighthouse Financial, Inc.	Brighthouse Financial, Inc. [BHF]	Brighthouse Financial, Inc.   BHF	Brighthouse Financial, Inc. [BHF]   CC	Brighthouse Financial, Inc.   BHF	Brighthouse Financial, Inc. [BHF]  (Check all applicable) X Director Officer (give title below) ORTH COMMUNITY HOUSE ROAD  A. If Amendment, Date of Original Filed (Month/Day/Year) (State) (Zip)  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Security (Instr. 3)  D. Transaction [Month/Day/Year]  D. A Securities Acquired (A) or Execution Date, if any (Month/Day/Year)  Stock  Disposed of, or Beneficially Owned  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Following Reported Transaction(S) (Instr. 3, 4nd 5)  Stock  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  D. Title and Amount of Securities (instr. 3)  Amount of Securities (instr. 3)  D. Number of Derivative Security (instr. 3 and 4)  D. Date Expiration Date (instr. Month/Day/Year)  D. Da	Brighthouse Financial, Inc.   BHF	Brighthouse Financial, Inc.   BHF   Check all applicable   X Director   10% over   10%			

## Explanation of Responses:

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- $2.\ Award\ for\ service\ as\ a\ Board\ member\ pursuant\ to\ the\ Brighthouse\ Financial,\ Inc.\ 2017\ Non-Management\ Director\ Stock\ Compensation\ Plan.$
- 3. The RSUs vested on May 23, 2019.

### Remarks:

<u>Paul M. Wetzel, by Jacob M.</u> <u>Jenkelowitz, Attorney-in-Fact</u>

05/23/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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