UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 17, 2022 (November 14, 2022)



Brighthouse Financial, Inc.

(Exact name of registrant as specified in its charter)

Delaware	001-37905	81-3846992	
(State or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)	
11225 North Community House Road,Cha	nrlotte, North Carolina	28277	
(Address of principal executive	e offices)	(Zip Code)	
Registrant's telephone number, including area code: (980) 365-7100			
(Former name or f	Not Applicable Former address, if changed since last r	eport)	
Check the appropriate box below if the Form 8-K filing is intended to sim	ultaneously satisfy the filing obligation	on of the registrant under any of the following pr	rovisions:
☐ Written communications pursuant to Rule 425 under the Securities Act	t (17 CFR 230.425)		
\square Soliciting material pursuant to Rule 14a-12 under the Exchange Act (1	7 CFR 240.14a-12)		
\square Pre-commencement communications pursuant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2	2(b))	
\square Pre-commencement communications pursuant to Rule 13e-4(c) under	the Exchange Act (17 CFR 240.13e-4	(c))	
Securities registered pursuant to Section 12(b) of the Act:			
<u>Title of each class</u>	<u>Trading symbol(s)</u>	Name of each exchange on which registe	<u>ered</u>
Common Stock, par value \$0.01 per share	BHF	The Nasdaq Stock Market LLC	
Depositary Shares, each representing a 1/1,000th interest in a shar 6.600% Non-Cumulative Preferred Stock, Series A	re of BHFAP	The Nasdaq Stock Market LLC	
Depositary Shares, each representing a 1/1,000th interest in a shar 6.750% Non-Cumulative Preferred Stock, Series B	re of BHFAO	The Nasdaq Stock Market LLC	
Depositary Shares, each representing a 1/1,000th interest in a shar 5.375% Non-Cumulative Preferred Stock, Series C	re of BHFAN	The Nasdaq Stock Market LLC	
Depositary Shares, each representing a 1/1,000th interest in a shar 4.625% Non-Cumulative Preferred Stock, Series D	re of BHFAM	The Nasdaq Stock Market LLC	
6.250% Junior Subordinated Debentures due 2058	BHFAL	The Nasdaq Stock Market LLC	
Indicate by check mark whether the registrant is an emerging growth composite Securities Exchange Act of 1934 (§240.12b-2 of this chapter).	pany as defined in Rule 405 of the Se	curities Act of 1933 (§230.405 of this chapter) c	or Rule 12b-2
		Emerging growth company	
If an emerging growth company, indicate by check mark if the registrant leads to the revised final r		nsition period for complying with any new or ursuant to Section 13(a) of the Exchange Act.	

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On November 14, 2022, Christine DeBiase, Executive Vice President, Chief Administrative Officer and General Counsel of Brighthouse Financial, Inc. (the "Company"), notified the Company of her intention to resign from the Company, effective December 2, 2022, to pursue another opportunity. The Company is currently in the process of identifying a successor.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No.	<u>Description</u>
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BRIGHTHOUSE FINANCIAL, INC.

By: /s/ Jacob M. Jenkelowitz

Name: Jacob M. Jenkelowitz Title: Corporate Secretary

Date: November 17, 2022