

PUBLIC RELATIONS

Brighthouse Financial
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FOR IMMEDIATE RELEASE

Brighthouse Financial to Host Business Update Conference Call

CHARLOTTE, NC, February 10, 2020 – Brighthouse Financial, Inc. (“Brighthouse Financial” or the “company”) (Nasdaq: BHF) announced today that it plans to hold a business update conference call and audio webcast for investors and analysts from 8:00 a.m. to 9:30 a.m. Eastern Time on Thursday, March 5, 2020. Presenters will include members of Brighthouse Financial’s senior management team.

Prior to the call, the company will make available on the Brighthouse Financial Investor Relations web page a presentation that management will reference in its prepared remarks.

To join the audio webcast via the internet and to access the related presentation, please visit the Brighthouse Financial Investor Relations web page at <http://investor.brighthousefinancial.com>. To join the conference call via telephone, please dial (844) 358-9117 (+1 (209) 905-5952 from outside the U.S.) and use conference ID 8485784.

A replay of the conference call will be made available until Friday, March 20, 2020, on the Brighthouse Financial Investor Relations web page at <http://investor.brighthousefinancial.com>.

About Brighthouse Financial, Inc.

Brighthouse Financial, Inc. (Brighthouse Financial) (Nasdaq: BHF) is on a mission to help people achieve financial security. As one of the largest providers of annuities and life insurance in the U.S., we specialize in products designed to help people protect what they’ve earned and ensure it lasts. Learn more at brighthousefinancial.com.

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