## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington.	D.C.	20549	

<b>STATEMENT</b>	<b>OF CHANGES</b>	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*				2. Issuer Name <b>and</b> Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Offereins Diane E					<del>8-</del>	aro do c		<u> </u>				X	Director			10% Ov	/ner
(Last) 11225 No	`	irst)  MMUNITY HOU	(Middle) JSE ROAD		3. Date of Earliest Transaction (Month/Day/Year) 06/10/2020						Officer ( below)	give title	Other (specify below)		pecify		
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Inc Line)	ividual or Jo						
CHARL	OTTE N	C	28277							X	Form file	,	•	ting Person One Report			
(City)	(S	itate)	(Zip)									Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date				Saction 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)  4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	ount (A) or (D)		Transaction(s) (Instr. 3 and 4)				(IIISU. 4)	
Common Stock 06/1			06/10/2	2020			M		3,120	A	(1)	(1) 7,814			D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  (Instr. 3 and 4		f g Security			er of e s ally	Ownership of Form: Be Direct (D) Ov	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount Tra		Reported Transacti (Instr. 4)			
Restricted Stock Units	(1)	06/10/2020		M			3,120 <sup>(2)</sup>	(3	)	(3)	Common Stock	3,120	\$0.00	0		D	
Restricted Stock Units	(1)	06/10/2020		A		3,454 <sup>(2)</sup>		(4	)	(4)	Common Stock	3,454	\$0.00	3,454	4	D	

## **Explanation of Responses:**

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- 2. Award for service as a Board member pursuant to the Brighthouse Financial, Inc. 2017 Non-Management Director Stock Compensation Plan.
- 3. The RSUs vested on the date of the 2020 annual meeting of stockholders of BHF.
- 4. The RSUs will vest on the earlier of the first anniversary of the grant date and the date of the of the 2021 annual meeting of stockholders of BHF.

## Remarks:

/s/ Jacob M. Jenkelowitz, 06/12/2020 Attorney-in-Fact, on behalf of Diane E. Offereins

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.