FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Lin Allie	2. Date of Requiring (Month/Da 12/12/20	Statement y/Year)	3. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]							
(Last) (First) (Middle) 11225 N COMMUNITY HOUSE RD		22	Relationship of Reporting Issuer (Check all applicable)	10% Owner Other (specify below)			5. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street) CHARLOTTE NC 28277 (City) (State) (Zip)	-		Director X Officer (give title below) EVP & General			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)			2. Amount of Securities Beneficially Owned (Instr. 4) 3. Owner Form: Di (D) or Inc (I) (Instr.		irect direct	4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock			858 D							
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Se Underlying Derivative Sec (Instr. 4)	Security Conv		cise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr.		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security		Direct (D) or Indirect (I) (Instr. 5)	5)		
Restricted Stock Units	(1)	(1)	Common Stock	923	(2)		D			
Restricted Stock Units	(3)	(3)	Common Stock	703	(2)		D			
Restricted Stock Units	(4)	(4)	Common Stock	260	(2)		D			

Explanation of Responses:

- 1. Restricted Stock Units ("RUSs") awarded in 2022, which vest in three substantially equal installments on the first business day in March 2023, 2024 and 2025.
- 2. Each RSU represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.
- 3. Represents unvested portion of RSUs awarded in 2021, which will vest in two substantially equal installments on the first business day in March 2023 and 2024.
- 4. Represents unvested portion of RSUs awarded in 2020, which will vest on the first business day in March 2023.

Remarks:

/s/ Jacob M. Jenkelowitz
Attorney-in-Fact, on behalf of Allie Lin

12/21/2022

** Signature of Reporting

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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