FORM 4

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Vashington	DC	20549	

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response:

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Hooley Stephen C</u>					2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]						(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 11225 N	,	First) NITY HOUSE R	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/08/2022							Officer (below)	give title		Other (s below)	pecify	
(Street)	OTTE N	NC	28277		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Inc Line)	Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(\$	State)	(Zip)									<u> </u>					
1. Title of Security (Instr. 3) 2. Trans Date			Transac ate	<u> </u>		uired, Disposed of, or Benefic 3.			(A) or	5. Amount of Securities Beneficially Owned Following		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of ndirect Beneficial Ownership			
						Code V Amount (A) or P					Price	Reported Transaction(s) (Instr. 3 and 4)		(In		Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	Code	ransaction De ode (Instr. Se Ac		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)			
Restricted Stock Units	(1)	06/08/2022		М			3,615 ⁽²⁾	(3	3)	(3)	Common Stock	3,615	\$0	0		D	
Deferred Restricted Stock Units	(4)	06/08/2022		М		3,615 ⁽²⁾		(3	3)	(3)	Common Stock	3,615	\$0	6,96.	5	D	
Restricted Stock Units	(1)	06/08/2022		A		3,361 ⁽²⁾		(5	5)	(5)	Common Stock	3,361	\$0	3,36	1	D	

Explanation of Responses:

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- 2. Award for service as a Board member pursuant to the Brighthouse Financial, Inc. 2017 Non-Management Director Stock Compensation Plan.
- 3. The RSUs vested on the date of the 2022 annual meeting of stockholders of BHF. The Reporting Person has elected to defer these shares pursuant to the Brighthouse Services, LLC Deferred Compensation Plan for Non-Management Directors (the "Deferred Compensation Plan"). The shares will be paid out (i) in accordance with the Reporting Person's deferral election; or, if earlier, (ii) upon termination of the Reporting Person's service as a Director.
- 4. Each deferred RSU represents the deferred right to receive one share of BHF common stock, or a cash payment equal to the value of one share of BHF common stock.
- 5. The RSUs will vest on the earlier of the first anniversary of the grant date or the date of the 2023 annual meeting of stockholders of BHF. Vested shares will be deferred in accordance with the Reporting Person's deferral election pursuant to the Deferred Compensation Plan.

Remarks:

/s/ Jacob M. Jenkelowitz, Attorney-in-Fact, on behalf of 06/10/2022

Stephen C Hooley

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.