FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. 20549 |
|-------------|------------|
|             |            |

| STATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|-----------|------------|---------------|-----------|

| OMB APPR                 | OVAL      |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response: 0.8  |           |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Rosenthal John</u>                   |  |  |                            | 2. Issuer Name and Ticker or Trading Symbol  Brighthouse Financial, Inc. [ BHF ] |   |  |   |   |                              |   |  |   | Check                                | all app<br>Direc  | onship of Reporting<br>all applicable)<br>Director<br>Officer (give title |  | rson(s) to Is<br>10% O<br>Other (s                                 | /ner |
|--|--|--|----------------------------|--|---|--|---|---|------------------------------|---|--|---|--------------------------------------|---|---|--|--|------|
| (Last) (First) (Middle) 334 MADISON AVENUE                                       |  |  |                            |  | 3. Date of Earliest Transaction (Month/Day/Year) 03/09/2020 |  |   |   |                              |   |  |   | X                                    | below   |   |  | below)   |      |
| (Street)  MORRISTOWN NJ 07960  (City) (State) (Zip)                              |  |  |                            | 4. If Amendment, Date of Original Filed (Month/Day/Year)                         |   |  |   |   |                              |   | , I  | Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person |                                      |   |   |  |  |      |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |  |  |                            |  |   |  |   |   |                              |   |  |   |                                      |   |   |  |  |      |
| 1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yea              |  |  | 2.<br>Ear) if              | 2A. Deemed<br>Execution Date,  |   | ,  | 3. 4. Securiti                                    |   | 4. Securities<br>Disposed Of | Acquire                                       | d (A) or   | 5. Amo<br>Securi<br>Benefi  |                                      | ount of 6. ities For (E   |   | m: Direct<br>or<br>rect (I)  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |      |
|  |  |  |                            |  |   | ſ  | Code  | v | Amount                       | (A) or<br>(D)                                 | Price  |   | Transa                               | nsaction(s)<br>str. 3 and 4)  |   | u. 4)  | (111501. 4)  |      |
| Common Stock 03/09/20  |  |  | 03/09/202                  | 20   |   |  | P   |   | 15,000                       | A   | \$23.82  | .3.8253 <sup>(1)</sup>  |                                      | 52,886  |   | D  |  |      |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |                            |  |   |  |   |   |                              |   |  |   |                                      |   |   |  |  |      |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                              | ative Conversion or Exercise (Month/Day/Year) 3) Price of Derivative Security Execution Date, if any (Month/Day/Year)                        |  | 4.<br>Transa<br>Code<br>8) | (Instr.  | 5. Nu of Deriv Secul Acqu (A) or Dispo of (D) (Instr and 5  | rative<br>rities<br>ired<br>r<br>osed<br>)<br>: 3, 4 | Expiration Date (Month/Day/Year)  Date Expiration |   |                              | Amo<br>Secu<br>Unde<br>Deriv<br>Secu<br>3 and | 7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)  Amoun or Numbe of Title Shares |   | rice of<br>vative<br>urity<br>tr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | ,   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |      |

## **Explanation of Responses:**

1. The shares were purchased in multiple transactions at prices ranging from \$23.75 to \$23.92. The price reported is the weighted average price of the aggregate number of shares purchased in multiple open market transactions. The Reporting Person undertakes to provide to the staff of the U.S. Securities and Exchange Commission, Brighthouse Financial, Inc. ("BHF"), or a security holder of BHF, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in this Form 4.

## Remarks:

/s/ Bruce H. Schindler, Attorney-in-Fact, on behalf of 03/10/2020 John Rosenthal

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.