## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
|-------------|------|-------|
|-------------|------|-------|

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

|   | OMB APPROVAL             |           |  |  |  |  |  |  |
|---|--------------------------|-----------|--|--|--|--|--|--|
|   | OMB Number:              | 3235-0287 |  |  |  |  |  |  |
|   | Estimated average burden |           |  |  |  |  |  |  |
| 1 | hours por rosponso:      | 0.5       |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  Offereins Diane E   |  |   |   |                   | 2. Issuer Name <b>and</b> Ticker or Trading Symbol Brighthouse Financial, Inc. [ BHF ] |   |        |  |                    |   | (Ch                                    | elationship o<br>eck all applio<br>X Directo        | ,   |  | rson(s) to Issuer<br>10% Owner   |                                       |
|---|--|---|---|-------------------|--|---|--------|--|--------------------|---|--|---|---|--|--|---------------------------------------|
| (Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD      |  |   |   |                   | 3. Date of Earliest Transaction (Month/Day/Year) 05/23/2018                            |   |        |  |                    |   |  | Officer<br>below)                                   | (give title   |  | Other (s<br>below)   | pecify                                |
| (Street) CHARL(   |  |   | 28277<br>(Zip)  | 4.                | 4. If Amendment, Date of Original Filed (Month/Day/Year)                               |   |        |  |                    |   | Line                                   | e)<br>X Form fi                                     | loint/Group Filing (Check Applicable<br>iled by One Reporting Person<br>iled by More than One Reporting |  |  |                                       |
|   | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |   |   |                   |  |   |        |  |                    |   |  |   |   |  |  |                                       |
| 1. Title of Security (Instr. 3)  2. Transac Date (Month/Date) |  |   |   | Execution Date,   |  | 3. Transaction Code (Instr. 8)  4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5) |        |  |                    | 5. Amour<br>Securitie<br>Beneficia<br>Owned F<br>Reported                                       | Form<br>ly (D) or                      |   | n: Direct<br>or Indirect<br>ostr. 4)  | 7. Nature of Indirect Beneficial Ownership |  |                                       |
|   |  |   |   |                   |  | Code V  | Amount | (A) or<br>(D)  | Price              | Transacti<br>(Instr. 3 a  | tion(s)                                |   |   | Instr. 4)                                  |  |                                       |
|   | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |   |                   |  |   |        |  |                    |   |  |   |   |  |  |                                       |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)           | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | Date Execution D<br>(Month/Day/Year) if any | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Yea | Date, Transaction |  | n Derivative  |        | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Securit<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported                                | у  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | Beneficial<br>Ownership<br>(Instr. 4) |
|   |  |   |   | Code              | v  | (A)   | (D)    | Date<br>Exercisable  | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |   | Transaction<br>(Instr. 4)   | m(S)                                       | (5)  |                                       |
| Restricted<br>Stock<br>Units                                  | (1)  | 05/23/2018                                  |   | A                 |  | 2,200 <sup>(2)</sup>  |        | (3)  | (3)                | Common<br>Stock   | 2,200                                  | \$0.00  | 2,200   |  | D  |                                       |
| Restricted<br>Stock Unit                                      | (1)  | 05/23/2018                                  |   | A                 |  | 2,494 <sup>(4)</sup>  |        | (5)  | (5)                | Common<br>Stock   | 2,494                                  | \$0.00  | 2,494   |  | D  |                                       |

#### **Explanation of Responses:**

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- 2. The award of RSUs was authorized on August 9, 2017, to be effective on September 8, 2017. The award was subject to approval by stockholders of BHF of the Brighthouse Financial, Inc. 2017 Non-Management Director Stock Compensation Plan (the "Director Plan"). The Director Plan was approved by stockholders of BHF on May 23, 2018.
- 3. The RSUs will vest on September 30, 2018.
- 4. Represents a grant of RSUs pursuant to the Director Plan, awarded for service as a Board member.
- 5. The RSUs will vest on the earlier of the first anniversary of the grant date and the date of the 2019 annual meeting of stockholders of BHF.

#### Remarks:

/s/ Jacob M. Jenkelowitz, authorized signer

05/25/2018

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

# LIMITED POWER OF ATTORNEY FOR SECTION 16 REPORTING OBLIGATIONS

#### TO WHOM IT MAY CONCERN:

Pursuant to the authorization set forth in the instructions for the filing of Form 3, Form 4 and Form 5, respectively (hereinafter referred to as the "Reports"), under the requirements of the Securities Exchange Act of 1934, as amended, the undersigned hereby designates and authorizes each of BRUCE H. SCHINDLER, D. BURT ARRINGTON, JACOB M. JENKELOWITZ, and EMILY C. NAGLE to execute and file, or cause to be filed, such Reports, and any amendments thereto, on behalf of the undersigned, with the Securities and Exchange Commission and any other proper bodies at any time when the filing of said Reports is in order, containing such information as BRUCE H. SCHINDLER, D. BURT ARRINGTON, JACOB M. JENKELOWITZ, and EMILY C. NAGLE may deem advisable.

The authority of BRUCE H. SCHINDLER, D. BURT ARRINGTON, JACOB M. JENKELOWITZ, and EMILY C. NAGLE under this authorization shall continue until the undersigned is no longer required to file Reports with regard to the undersigned's ownership of or transactions in securities of Brighthouse Financial, Inc., unless earlier revoked by the undersigned in writing.

The undersigned acknowledges that BRUCE H. SCHINDLER, D. BURT ARRINGTON, JACOB M. JENKELOWITZ, and EMILY C. NAGLE are not assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934, as amended.

/s/Diane E. Offereins May 22, 2018