UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Notice of Effectiveness
Effectiveness Date:	April 29, 2024 11:05 A.M.
Form:	S-3
CIK:	<u>0000733076</u>
Company Name:	BRIGHTHOUSE LIFE INSURANCE Co
File Number:	<u>333-276469</u>