FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20549	OMB APPROVAL		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-02	

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

287 Estimated average burden hours per response: 0.5

Instruc	ction 1(b).		F	iled pursuant or Sect	to Section 16( ion 30(h) of the	(a) of the e Investm	Securiti ent Cor	es Exchai npany Act	nge Act of of 1940	1934		nours	, per re-	эропэс.	0.5
Name and Address of Reporting Person*     Toscano Kristine					2. Issuer Name <b>and</b> Ticker or Trading Symbol Brighthouse Financial, Inc. [ BHF ]						Check all appl Direct	ctor		10% O	wner
(Last) (First) (Middle) 11225 NORTH COMMUNITY HOUSE ROAD					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2021						A below	Officer (give title below)  Chief Account		Other ( below) g Officer	specify
(Street) CHARLOTTE NC 28277  (City) (State) (Zip)			4. If Am	endment, Date	of Origir	al Filed	(Month/D	ay/Year)			filed by On	ne Rep	g (Check Ap orting Perso n One Repo	on	
		Tab	le I - Non-Der	ivative Se	curities A	cquire	l, Dis	posed (	of, or B	eneficia	ılly Owne	d			
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				Execution Date,		Code (Instr. 5)				nd Securiti Benefic	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Amount	(A) (D)	Price	Transaction(s) (Instr. 3 and 4)				` ,	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
		Transaction Code (Instr		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title a Amount Securitie Underlyi Derivativ (Instr. 3 a	of s ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		

Date Exercisable

10/01/2022

10/01/2023

10/01/2024

(D)

(A)

1,470

1,708

1,817

Code

A

Α

Expiration Date

10/01/2022

10/01/2023

10/01/2024

Title

Common

Common

Common

## **Explanation of Responses:**

(1)

(1)

(1)

1. Each Restricted Stock Unit represents the contingent right to receive one share of Brighthouse Financial, Inc. common stock.

## Remarks:

Restricted

Restricted

Restricted

Stock Units

Stock Units

Stock

Kristine Toscano, by Jacob M. Jenkelowitz, Attorney-in-Fact

Amount or Number

of Shares

1,470

1.708

1,817

\$0.00

\$0.00

\$0.00

10/04/2021

1,470

1,708

1.817

D

D

D

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

10/01/2021

10/01/2021

10/01/2021

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.