#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

#### CURRENT REPORT Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 29, 2022



(Exact name of registrant as specified in its charter)

81-3846992 Delaware 001-37905 (State or other jurisdiction of incorporation) (Commission File Number) (IRS Employer Identification No.)

11225 North Community House Road, Charlotte, North Carolina 28277

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (980) 365-7100

Not Applicable (Former name or former address, if changed since last report)

Lineck the appropriate box below it the Form 8-K filling is intended to simultaneously satisfy the filling obligation of the registrant under any of the following provisions:
□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

 $\square$  Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

 $\square$  Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

<u>Title of each class</u>	<u>Trading symbol(s)</u>	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	BHF	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 6.600% Non-Cumulative Preferred Stock, Series A	ВНГАР	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 6.750% Non-Cumulative Preferred Stock, Series B	ВНГАО	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 5.375% Non-Cumulative Preferred Stock, Series C	BHFAN	The Nasdaq Stock Market LLC
Depositary Shares, each representing a 1/1,000th interest in a share of 4.625% Non-Cumulative Preferred Stock, Series D	BHFAM	The Nasdaq Stock Market LLC
6.250% Junior Subordinated Debentures due 2058	BHFAL.	The Nasdag Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). Emerging growth company 

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

#### Item 7.01. Regulation FD Disclosure.

Brighthouse Financial, Inc. has prepared a presentation for use with investors, analysts and other members of the investment community. A copy of the presentation is attached hereto as Exhibit 99.1 and incorporated herein by reference.

In accordance with General Instruction B.2 of Form 8-K, the information in Item 7.01 and Exhibit 99.1 listed in Item 9.01 of this Current Report on Form 8-K shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liability of that section, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

#### Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

 Exhibit No.
 Description

 99.1
 Projected Distributable Earnings Scenarios, dated March 29, 2022.

Cover Page Interactive Data File (embedded within the Inline XBRL document)

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BRIGHTHOUSE FINANCIAL, INC.

/s/ Kristine H. Toscano
Name: Kristine H. Toscano
Title: Chief Accounting Officer

Date: March 29, 2022

March 29, 2022

# Brighthouse Financial Projected Distributable Earnings Scenarios



Note: All references to "distributable earnings" within this document are projected. Actual results may differ. See "Note regarding forward-looking statements" on slide 2 for additional information.

#### Note regarding forward-looking statements

This presentation and other oral or written statements that we make from time to time contains information that includes or is based upon forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements involve substantial risks and uncertainties. We have tried, wherever possible, to identify such statements using words such as "anticipate," "estimate," "expect," "project," "may," "will," "could," "intend," "goal," "target," "guidance," "forecast," "preliminary," "objective," "continue, "aim," "plan," "believe" and other words and terms of similar meaning, or that are tied to future periods, in connection with a discussion of future operating or financial performance. In particular, these include, without limitation, statements relating to future actions, prospective services or products, financial projections, future performance or results of current and anticipated services or products, sales efforts, expenses, the outcome of contingencies such as legal proceedings, as well as trends in operating and financial results.

In particular, this presentation contains estimates of the impact of various market factors, under certain scenarios, on the projected generation of statutory distributable cash flows from our insurance subsidiaries (referred to as "distributable earnings projections."). Such distributable earnings projections are estimates and are not intended to predict our future results and performance, including the performance of our hedging program. Actual future results may differ from those shown, including as a result of changes in the operating and economic environments and natural variations in experience. The scenarios underlying our distributable earnings projections were selected for illustrative purposes only, are based on a number of assumptions as to the future and do not purport to address all of the many factors that may be relevant. We refer to one of the scenarios included in the distributable earnings projections as the "Base Case Scenario." The Base Case Scenario is representative of relatively stable future market conditions, growing at rates that have historically been observed in U.S. capital markets. As a result, while the Base Case Scenario may be no more or less probable than any of the other illustrative scenarios, for the purpose of establishing certain financial targets, management utilizes the Base Case Scenario. The distributable earnings projections reflect market returns and interest rates starting from December 31, 2021 and no assurance can be given that future experience will be in line with the assumptions made – see "Risk Factors — Risk Related to Our Business — Our analyses of scenarios and sensitivities that we may utilize in connection with our variable annuity risk management strategies may involve significant estimates based on assumptions and may, therefore, result in material differences from actual outcomes compared to the sensitivities calculated under such scenarios" in our Annual Report on Form 10-K for the year ended December 31, 2021 (the "2021 Form 10-K").

Any or all forward-looking statements may turn out to be wrong. They can be affected by inaccurate assumptions or by known or unknown risks and uncertainties. Many such factors will be important in determining the actual future results of Brighthouse Financial. These statements are based on current expectations and the current economic environment and involve a number of risks and uncertainties that are difficult to predict. These statements are not guarantees of future performance. Actual results could differ materially from those expressed or implied in the forward-looking statements due to a variety of known and unknown risks, uncertainties and other factors. Although it is not possible to identify all of these risks and factors, they include, among others: differences between actual experience and actuarial assumptions and the effectiveness of our calcularial models; higher risk management costs and exposure to increased market risk due to guarantees within certain of our products; the effectiveness of our variable annuity exposure risk management strategy and the impact of such strategy on volatility in our profitability measures and negative effects on our statutory capital; material differences from actual outcomes compared to the sensitivities calcularied under certain scenarios and essentivities in that we may utilize in connection with our variable annuity risk management strategies; the impact of interest rates on our future universal life with secondary guarantees policyholder obligations and net income volatility; the impact of the ongoing COVID-19 pandemic; the potential material adverse effect of changes in accounting standards, practices or policies applicable to us, including changes in the accounting for long-duration contracts; to surious particular particular strategy, and the registive impacts and any inability to market and distribute our products through distribution channels; any failure of third parties to provide services we need, any failure of their parties to provide services we nee

For the reasons described above, we caution you against relying on any forward-looking statements, which should also be read in conjunction with the other cautionary statements included and the risks, uncertainties and other factors identified in our 2021 Form 10-K, particularly in the sections entitled "Risk Factors" and "Quantitative and Qualitative Disclosures About Market Risk," as well as in our other subsequent filings with the SEC. Further, any forward-looking statement speaks only as of the date on which it is made, and we undertake no obligation to update or revise any forward-looking statement to reflect events or circumstances after the date on which the statement is made or to reflect the occurrence of unanticipated events, except as otherwise may be required by law.

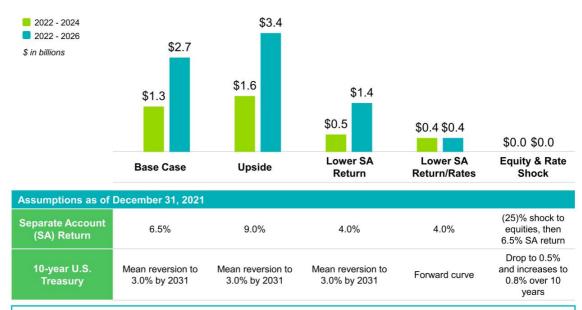
Brighthouse

# **Key takeaways**

- Increase in total variable annuity (VA) and Shield distributable earnings (DE) relative to scenarios published on March 16, 2021
- Favorable equity markets and higher interest rates drove meaningful total VA and Shield capital generation in 2021
- Substantial business mix shift continues to drive increase in franchise value
- Expect total VA and Shield DE to be a reasonable proxy for total company DE over the next five years; therefore, total company DE beyond five years suggests meaningful convergence between the Low Separate Account Return/Rates scenario and the Base Case

Brighthouse Note: Total VA and Shield distributable earnings are based on the VA and Shield in-force book as of 12/31/2021. See slide 4 for scenario assumptions FINANCIAL\* Actual results may differ. See "Note regarding forward-looking statements" on slide 2 for additional information.

# Total distributable earnings for VA and Shield in-force book



Stronger capital position in the Equity & Rate Shock scenario relative to the scenarios published on March 16, 2021

Brighthouse Note: Scenarios assume market returns and interest rates starting from 12/31/2021 and are based on the VA and Shield in-force book as of

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# 2021 DE materially better than projections published last year

## Comparison of cumulative five-year VA and Shield DE, 2021 - 2025

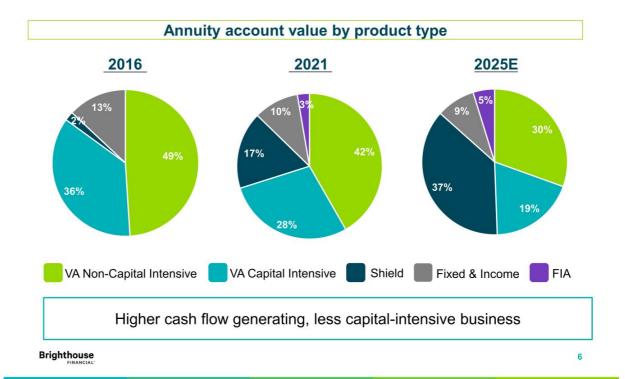
\$ in billions  Scenario	2021 Actuals + Current DE projections	DE published March 16, 2021	
Base Case	2.9	2.3	
Lower SA Return/Rates	1.4	0.5	

### Significant total VA and Shield capital generation in 2021 driven by:

- Interest rates ~60 basis points higher
- VA separate account returns of ~14% in 2021

Brighthouse | Note: See slide 4 for scenario assumptions. Actual results may differ. See "Note regarding forward-looking statements" on slide 2 for additional FINANCIAL\* information.

# Business mix shift drives increase in franchise value



# Significant long-term total company distributable earnings

#### Total company distributable earnings<sup>(1)</sup>, cumulative 2022 - 2031



Significant distributable earnings even in persistent low return/rate environment

Brighthouse Note: Scenarios assume market returns and interest rates starting from 12/31/2021. See slide 4 for scenario assumptions. Actual results may differ.

See "Note regarding forward-looking statements" on slide 2 for additional information.

(1) Amounts exclude certain regulatory approved cash flows, other than dividends; (2) Based on VA and Shield in-force book as of December 31, 2021.