FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington	D C	20549	

<b>STATEMENT</b>	<b>OF CHANG</b>	ES IN BENE	FICIAL OW	<b>NERSHIP</b>

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
haura nar raananaa:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

										1 . 7							
1. Name and Address of Reporting Person* Offereins Diane E					2. Issuer Name and Ticker or Trading Symbol Brighthouse Financial, Inc. [BHF]					(Ched	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Offereins Diane E					X	Director			10% Ov	/ner							
(Last)	`	irst)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/08/2022						Officer (give title below)			Other (s below)	pecify		
11225 N COMMUNITY HOUSE RD				L													
(Street)				4	4. If Am	endment,	Date of C	riginal I	Filed (	Month/Day/Y	'ear)	6. Ind Line)	ividual or Jo	•			icable
CHARL	OTTE N	C	28277							X	X Form filed by One Reporting Person  Form filed by More than One Reporting				ina		
(City)	(S	State)	(Zip)										Person	, more		ono nopon	9
		T	able I - Non-	Derivat	tive S	ecuritie	es Acqu	uired,	Disp	osed of,	or Bene	ficially	Owned				
		. Transac Date Month/Da	Day/Year)  2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)  4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a			(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock 06/0			06/08/2	3/2022		M		3,615	A	<b>\$0</b> <sup>(1)</sup>	14,883			D			
			Table II - De							sed of, o			wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year	4. Transa Code 8)		Derivativ Securitie Acquired Disposed			ate Amount of		f g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported	e Owners Formally Director In g (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	Amount or Number of Shares		Transacti (Instr. 4)			
Restricted Stock Units	(1)	06/08/2022		М			3,615 <sup>(2)</sup>	(3	)	(3)	Common Stock	3,615	\$0	0		D	
Restricted Stock Units	(1)	06/08/2022		A		3,361 <sup>(2)</sup>		(4	)	(4)	Common Stock	3,361	\$0	3,361	1	D	

## **Explanation of Responses:**

- 1. Each Restricted Stock Unit ("RSU") represents the contingent right to receive one share of Brighthouse Financial, Inc. ("BHF") common stock.
- 2. Award for service as a Board member pursuant to the Brighthouse Financial, Inc. 2017 Non-Management Director Stock Compensation Plan.
- 3. The RSUs vested on the date of the 2022 annual meeting of stockholders of BHF.
- 4. The RSUs will vest on the earlier of the first anniversary of the grant date or the date of the 2023 annual meeting of stockholders of BHF.

## Remarks:

/s/ Jacob M. Jenkelowitz, 06/10/2022 Attorney-in-Fact, on behalf of Diane E. Offereins

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.